

PEAK PERFORMANCE

Fitness Center

You May Be Entitled To a Free (or Deeply Discounted) Membership!

Your Employer May Subsidize Your PEAK Membership!

Many companies are actively encouraging employees to pursue healthier lifestyles by subsidizing health club memberships. Some companies work with health clubs to purchase blocks of memberships on behalf of employees.

Providing such a benefit is a powerful win-win: employees are provided a life-enhancing benefit; and the organization gains enhanced employee productivity, reduced absenteeism and improved morale.

We suggest that you check with your HR/Benefits coordinator to see whether your employer has (*or will consider putting*) such a program in place. We would be happy to work with your employer to design a discounted membership program.

Your Health Benefits Provider May Subsidize Your PEAK Membership!

Many medical benefits plans include a provision for credit toward a health club membership. We suggest you check with your benefits coordinator or insurance carrier to see whether such a provision is part of your plan. We would be happy to provide the insurance company with any documentation they might require.